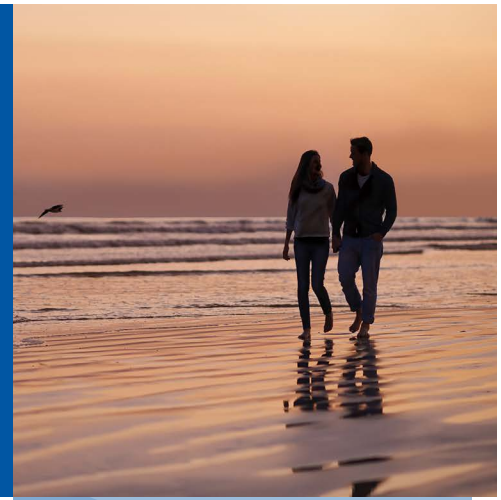




Cape Cod
& The Islands

You Are Not Alone



BE KIND To Your Mind

Youth Participation

THROUGH

- Youth focusing on their needs.
- Youth reaching out to Youth.
- Youth Mentoring Youth.
- Youth Expressing feelings and needs through the use of creative media.
- Youth communicating with the larger community.
- Youth entering adulthood with the confidence and tools needed.



Promoting Mental Wellness
for Cape Cod & the Islands

ALL PROGRAMMING IS FREE OF CHARGE

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